

您有能力改變現況 捐血潮流由您開創

You have the power to change the status quo
Blood donation trend can start with you

香港大學校園捐血中心

The University of Hong Kong Campus Blood Donor Centre

香港大學莊月明文娛中心地下G01室
Room G01, G/F,
Chong Yuet Ming Amenities Centre,
The University of Hong Kong

服務時期 Service period: 1/9/2014 -28/11/2014

服務時間 Service hours:

星期一至五 上午11時至下午6時30分

Monday - Friday 11:00am - 6:30pm

星期六、日及公眾假期休息

Saturday - Sunday & public holiday closed



凡在香港大學校園捐血中心成功捐血人士將獲贈捐血寶寶杯墊一個
Anyone who donates at the HKU Campus Blood Donor Centre will receive a Blood Buddy coaster

要型就要捐血

Be cool

Be a blood donor



Website



Facebook

查詢電話 Enquiries Tel: 6392 5778

熱線 Hotline: 2710 1234

網址 Website: <http://www.ha.org.hk/rcbts>



香港紅十字會輸血服務中心

Hong Kong Red Cross Blood Transfusion Service





香港紅十字會輸血服務中心
Hong Kong Red Cross Blood Transfusion Service



香港大學校園捐血中心

號召各方型男型女 成為捐血救人勇士

香港紅十字會輸血服務中心於香港大學設立校園捐血中心，期望藉此為香港大學的師生、職員及市民大眾提供一個直接服務社會、關懷社群的機會，同時號召更多大學生帶動校園以至全城捐血熱潮。

您每次捐贈血液都可拯救至少3位病人，只要捐血者每年捐血兩次或以上，本港血液供應便可大大穩定下來。

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The University of Hong Kong Campus Blood Donor Centre

Calling for all cool individuals to be a life-saving hero

The Hong Kong Red Cross Blood Transfusion Service has set up a campus blood donor centre at The University of Hong Kong (HKU). It aims at offering a direct opportunity for the University's students, staff and the general public to serve the community and care for others. It is also hoped that more university students can take the lead in setting a blood donation trend throughout the campus and even the territory.

Each of your donations can save at least 3 patients. Providing blood donors can donate twice or more annually, the city's blood supply can be significantly stabilized.

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服務時間 Service hours: 11:00 am 至to 6:30 pm
(星期六、日及公眾假期休息 Sat, Sun & public holiday closed)

地點：香港大學莊月明文娛中心地下G01室

Venue: Room G01, G/F,
Chong Yuet Ming Amenities Centre, HKU

查詢電話 Enquiries tel: 6392 5778

註：如日後服務時期或時間有所更改將另行通告

Remark: Announcement will be made should the service period or hours be changed in future



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捐血基本條件

只要年齡界乎16至60歲，體重超過41千克(即約90磅或以上)，以及健康良好，便可成為捐血者。61歲或以上的捐血者，如保持於每12個月捐血至少一次，可繼續捐血至70歲；但由66歲起，須經中心醫生每年評估健康狀況。

捐血前準備

- ✓ 捐血前一晚有充足睡眠
- ✓ 飲用充足水份及在捐血前四小時內曾進食
- ✓ 勿穿衣袖太緊衣服
- ✓ 帶同香港身份證(如有)或有效旅行證件

捐血者可到中心網頁或eDONOR系統找出是否已到期捐血，網頁亦有「您是否適宜捐血」測驗助您初步評估您是否合資格捐血。

Basic criteria for blood donation

If you are healthy, aged between 16 and 60 and weigh over 41kg (around 90 lbs), you are eligible to donate blood. Donors aged 61 or above can continue to donate until 70, if they make no less than one donation every 12 months (from 66 onward, an annual health assessment by the BTS medical staff is necessary).

Pre-donation preparation

- ✓ Have sufficient sleep the night before
- ✓ Drink sufficient water and consume enough food within 4 hours before donation
- ✓ Do not wear clothing with tight sleeves
- ✓ Bring along your Hong Kong Identity Card (if available) or valid travel document

Donors can find out whether they are due for donation via the BTS website or eDONOR (<https://www.blooddonor.org.hk>). An eligibility test is available in our website to help you tell if you are preliminarily eligible.



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